

Mooreville's Saladworks lets diners mix it up

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Fast food in LKN no longer has to mean burgers and fries.

Saladworks, now open in Mooreville's Morrison Plantation Shopping Center, gives customers an opportunity to eat healthy on the go.

Though it is a franchise, this Saladworks is the only one in North Carolina. The next closest locations are in Maryland and Jacksonville, Fla.

For those unfamiliar with the chain, customers can walk up to the counter and create their own salad or choose a creation from the menu.

Since the salads are made-to-order, customers can add or subtract toppings.

Workers put the ingredients together in a huge wooden bowl, then dressing is mixed into the concoction. Each salad comes with a white or wheat roll.

Only at Saladworks have I ever felt good about paying as much for a salad as I would for any other meal. I loved the tivoli (\$6.79) — lettuce, pasta, pepperoni, ham, turkey, tomatoes and provolone — with the green goddess dressing, a light-tasting garlic ranch.

Or, for something less traditional, try the fire roasted fiesta salad (\$6.79) with corn, black beans, chicken, tomatoes, cheddar

cheese and tortilla strips.

Besides salads, the restaurant has a variety of wraps, soups and paninis, like the caprese (\$6.49) with basil, tomatoes, mozzarella and balsamic vinegarete on sour-dough bread.

Saladworks, which just opened over Memorial Day weekend, is already seeing a busy lunch crowd.

"It's different, it's something that's not down here," said owner **Scott Eaton**. "It's taking you away from all the burgers and chicken, all the fried food."

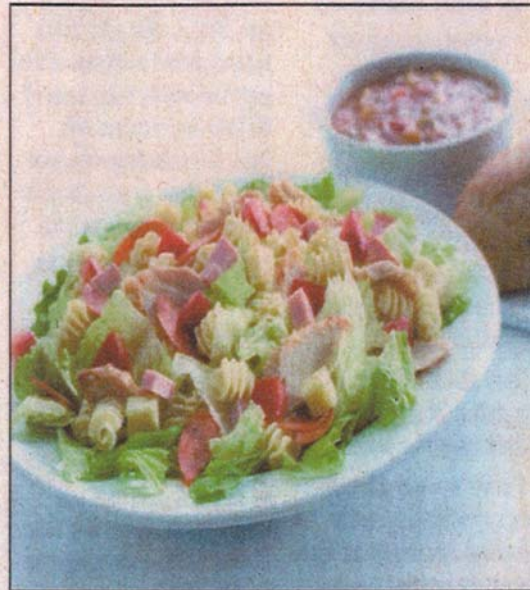
Eaton, originally from up North where Saladworks are more popular, always wanted to open his own franchise. He saw a location he liked, but never pur-



sued it. Months later, someone else had jumped on his idea.

When he moved to Lake Norman and saw the building in Morrison Plantation, he decided not to let the opportunity pass him by again.

Eaton is planning to open another Saladworks within the next two years and is exploring the opportunity of doing so in a mall food court.



The Tivoli (above) and Fiesta (left) salads from Saladworks in Mooreville are among the flavorful offerings at the new make-to-order salad restaurant.